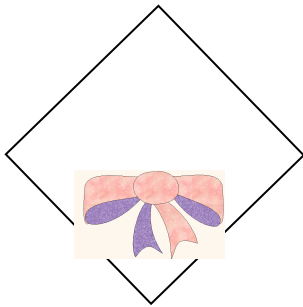


A Bow

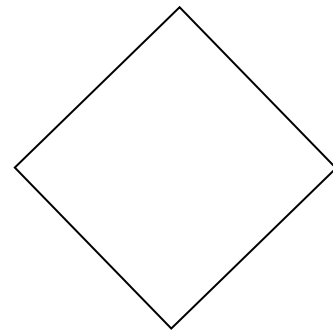
10 inch finished block

Time for some appliqué! This block will be done on point, and should be reminiscent of the blocks done in the thirties - so look for colours like 'thirties green', pink, lavender, buttery yellow, light blue and typical 30s prints. Our background will be simple unbleached cotton!

We are going to do a bow tied around a bouquet, with the block on point. What kind of bouquet - well it's up to you! We have had fun in the past couple of years with redwork, and crayons, so you could try something like that. You could appliqué a wonderful fantasy bouquet, cut some flowers from floral fabric for a 'broderie perse' appliqué, or tie the bow around something else entirely. Or you could just appliqué the bow and leave it up to it's new owner to decide what the bow is holding.



Do a rough sketch of your block in the diagram on the right.



Choose two related colours for your bow - one for the 'right' side of the ribbon and one for the 'wrong' side.

Your piece of unbleached cotton backing should be larger than the finished block. Fold it corner to corner and press it. This will give you the register marks for placing the bow. Once the appliqué is complete, square the block to 10 $\frac{1}{2}$ inches, then press out the register marks.

You can use any method you like for appliquéing the bow to the background. If you haven't done appliqué before - drop in to Windsor Glen on May 27th and we can give you a hand with either machine or hand appliqué.

Play with this block and really have fun!

The pattern for the bow is given here, along with some simple flower shapes that you can use to create your bouquet! The bow is the right size for the 10 inch block. The flower and leaf shapes can be changed to whatever strikes your fancy!

For the sampler - you could enlarge the bow and have a big, beautiful bouquet if that goes with the colours and fabrics you have chosen for your sampler, or you could do four bows and have them as a wreath in the centre. Or you could appliqué another design in the centre - maybe a scene, or piece a centre!